https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/

[**Possible Ways to Neutralise Spike Protein Damage from COVID Vaccines**](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/)

[COVID TRUTHS](https://www.covidtruths.co.uk/author/hellsbells25/)  JUNE 19, 2021  [21 COMMENTSON POSSIBLE WAYS TO NEUTRALISE SPIKE PROTEIN DAMAGE FROM COVID VACCINES](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comments)

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Possible Methods to Neutralize Spike Protein Damage from COVID Vaccines.

The Governments worldwide and the mainstream media are not letting go their need for their vaccine rollout. Further lockdowns will be blamed on the new ‘variants’ and the unvaccinated. The dividing of society is already under way. Satan is not original in the ways he causes hate and divide.

Obviously, almost a million people in the UK have experienced one or more [vaccine adverse reactions](https://www.covidtruths.co.uk/2021/04/covid-19-vaccine-adverse-reactions/) from the COVID vaccinations, and the death stand at over 1000, even though they are all labelled as coincidence. These murderers and co-conspirators are still prizing forward with their depopulation agenda to an unsuspecting public. While the deaths may only be small in the context of their plan, who knows how many millions of COVID vaccinated people will die over the coming months and years. Looking for possible ways to neutralize spike protein damage from COVID vaccines, look no further than the suggestions in this article.

This is a useful article on possible ways to neutralize spike protein damage from COVID vaccines.

Article Copyright: [The Real Truth Network](https://therealtruthnetworkcom.wordpress.com/2021/04/28/how-to-neutralize-mrna-vaxx-damage/). I believe that there are affiliate links already within the article.

With the current irrational push to vaccinate the planet against COVID-19, a virus that has a 99.9% recovery rate, we feel it is important to discuss practical ways to “detox” and “neutralize” damage that is being done by these untested mRNA vaccines.

Interestingly, here in our home state of Tennessee, the COVID “mortality rate” has tripled, even though we lead the USA in vaccination rate. Makes you wonder, doesn’t it? Logical thinkers would deduce that the vaccine is responsible, sort of like when we see obesity rise in populations that eat lots of ice cream. But the irrational and illogical ‘mainstream media’ and ‘medical mafia’ will undoubtedly blame “anti-vaxxers” for the increase in deaths, which makes as much sense as blaming vegans for the increase in heart disease in people who eat hot dogs every day…

But let’s not get distracted by the facts or by logic!!

Despite the $4.5 billion in damages awarded by the Vaccine Court since 1986 …

Even though the Supreme Court described vaccines as “unavoidably unsafe” in 2011 …

Despite package inserts which prove that most vaccines contain known carcinogens and chemicals that cause neurological damage.

Those who dare to question vaccines are EVIL.

They are DANGEROUS!

They must be BLAMED for the deaths of those who are vaccinated.

They must be CENSORED at all costs! (OK, OK, enough sarcasm)

In all seriousness, this information might save someone’s life, so we wanted to share with you. It was provided by a physician who wishes to remain anonymous. The goal of this research is to help the body recover from damage and detoxify, stabilize, and cleanse the toxic ingredients from the body including hydrogels, luciferase, and nanobots as well as silence the messenger RNA (mRNA) contained in the COVID vaccine.

**What is mRNA?**  
Messenger RNA (mRNA) mediates the transfer of genetic information from the cell nucleus to ribosomes in the cytoplasm, where it serves as a template for protein synthesis.

HUH?

I know, this sounds like a bunch of scientific ‘gobbly-gook’ so let me translate for you.

We are made of cells. Each cell contains millions of proteins. The instructions for making proteins are “written” in a cell’s DNA in the form of genes, which build proteins via transcription (“rewriting” the DNA sequence in the form of mRNA) and translation (“decoding” the mRNA and building the protein).

So, if the COVID vaccine uses mRNA to change your genetic code, then the key to preventing damage would logically be to interfere with the translation of the message, right?

Voila!

The RNA Interference system (RNAi) is a mechanism by which cells control gene expression by shutting off translation of mRNA. RNAi can also be used to shut down translation of viral proteins when a cell is infected by a virus. The RNAi system also has the potential to be exploited therapeutically1 and can prevent the viral RNA from replicating.

Below are the TOP FIVE recommended substances to neutralize spike protein damage from COVID vaccines (mRNA) in no particular order. I have added Amazon purchase links below if you wish to order the following products online or you can go to your local health food store.

**1 | IODINE**  
Neutralize spike protein damage from COVID vaccines with essential mineral, iodine which is used by the thyroid gland to make thyroid hormones that control many functions in the body including growth and development, repairing damaged cells and supporting a healthy metabolism. Because your body does not produce iodine, it needs to be supplied in the diet. Iodine can also be used to detoxify toxic compounds and strongly increases the mRNA decay rate.2,3 Dietary iodine also controls its own absorption through regulation of the sodium/iodide (NIS) symporter,4,5 which protects the functions of the thyroid gland.

**2 | ZINC**  
Neutralize spike protein damage from COVID vaccines with Zinc, which  enables the body to make proteins and DNA, contributes to wound healing, and plays a role in childhood growth and development. It also has antioxidant properties and plays an important role in cell-mediated immune function and modulates mRNA levels of cytokines.7 Zinc has been shown to regulate gene transcription in cancer cells, plus zinc globally down-regulates microRNA expression and key enzymes and proteins necessary for microRNA maturation and stability.8 Lastly, zinc-finger protein serrate is among the plant compounds that may silence mRNA.

**3 | QUERCETIN**  
Neutralize spike protein damage from COVID vaccines with Quercetin, a flavonoid with multiple proven health benefits to both man and animals, displays a plethora of biological activities. Quercetin-treated neutrophils exhibited a remarkable suppression in mRNA expression of various proinflammatory genes.10 One of the lesser-known and recently discovered roles of quercetin, is modulation of microRNA (miRNA) expression, which plays a vital role in health and disease.

**4 | SUPERCHARGED C60**  
(Nano-Carbon Activated Charcoal)  
Neutralize spike protein damage from COVID vaccines with Carbon 60 (C60). This naturally occurring molecule is comprised of 60 carbon atoms forming something that looks like a hollow soccer ball. The scientific name for C60 is “Buckminsterfullerene” and it is the only molecule of a single element to form a spherical cage, and it may be the most powerful antioxidant yet known, performing the antioxidant action of Superoxide Dismutase, Glutathione, Catalase, and COQ10. Over the past 13 years, the “Supercharged” C60 fullerene molecule has been examined, tested and characterized by no less than 15 universities and 5 federally certified research laboratories, resulting in more than “600 evaluations.” There has also been considerable positive research conducted regarding Supercharged C60 potential uses in electromagnetic field (EMF) absorption. The Supercharged C60 molecule is a nanocarbon material that exhibits incredibly potent antioxidant properties that may augment the body’s ability to manage oxidative stress in both healthy and diseased states. Studies indicate that carbon nanocarriers can deliver small interfering RNA (siRNA) and enable a myriad of plant biotechnology mRNA applications,12 internalize into cells and subsequent gene silencing efficiency,13 and are critical for efficient gene knockdown.

**5 | PQQ (Pyrroloquinoline Quinine)**  
Neutralize spike protein damage from COVID vaccines with Pyrroloquinoline quinone (PQQ), a powerful antioxidant and cellular energy booster that works to support the health of your energy-producing mitochondria, protecting them from oxidative damage, even helping you grow new mitochondria.15 PQQ is actually the only nutrient on earth known to be capable of generating new mitochondria. PQQ is contained in fruits and vegetables and in human breast milk and is a plant growth factor and bacterial cofactor. Studies have shown that PQQ disodium salt (BioPQQ™) has positive effects on cognitive function and may have a protective effect on UVA irradiation-induced aging.

**CONCLUSION**  
As pressure to be vaccinated for COVID mounts, it will be vital to discover methods to neutralize spike protein damage from COVID vaccines, especially for those who are required to be vaccinated due to employer requirements or other reasons. In summary, the five substances discussed above are as follows, along with links to recommended sources:

**Iodine –**<https://amzn.to/3nuUd5Z>  
**Zinc –**<https://amzn.to/32UZ9aN>  
**Quercetin –**<https://amzn.to/3t1teQB>  
**Supercharged C60 –**<https://globalhealing.com/supercharged-c60>  
**PQQ** **–** <https://amzn.to/3nv1Hpn>

(I also heard Dr. Sherri Tenpenny say on a podcast that CoQ10 (Coenzyme Q10) is an important supplement to take if vaccinated: <https://amzn.to/3eGi4vg> )

Also, water only fasting (for 1 week) has been shown to repair DNA damage and silence foreign mRNA. And taking full spectrum hemp extract is another excellent suggestion due to the positive effects on our endocannabinoid system, which regulate almost every internal function. We take this organic hemp extract every day! Very high quality and the most powerful CBD products around can be found at the following website (CTFO). They are non-GMO, organic and pesticide free: <https://alternativehealingandhealth.com/cbd-and-hemp-oil-products/>

Interestingly, Merck abandoned development of two COVID vaccines, saying that after extensive research it was concluded that the shots offered less protection than just contracting the virus itself and developing natural antibodies.

On January 25th, they announced that the vaccines generated an ‘inferior’ immune system response in comparison with natural infection.

Recently a [CNA nursing home whistleblower](https://www.covidtruths.co.uk/2021/01/nursing-home-whistleblower-cna-seniors-dying-after-pfizer-mrna-injections-full-video/) went public and shared his experience that seniors are “dying like flies” after taking their COVID-19 jabs.19. Sadly, these seniors are being required to take vaccines for a “virus” that updated CDC analysis shows is actually less dangerous… than living!



I was listening to a podcast at the SGT Report and it was very fascinating. They talked about how “Zeolite” could possible rid the body of the dangerous Spike Proteins found in the Covid innoculations. Negatively-charged zeolite works like a magnet, trapping positively-charged toxins such as lead, mercury, arsenic, cadmium and many more, and carries them out of the body within hours and since the Spike Proteins are positively charged it’s believed they could could be removed as well. I posted the podcast below and also a link to where you can purchase this amazing product as well.

The Zeolite Clinoptilolite helps remove heavy metals and positively-charged toxins and Volatile Organic Compounds including:

• Aluminum  
• Lead  
• Mercury  
• Cadmium  
• Arsenic  
• Radioactive Metals  
• Nitrosamines  
• Bisphenol-A  
• Toulene  
• Benzene  
• Pesticides  
• Herbicides

The SGT Report explains the Zeolite Removal of Spike Proteins:  
<https://www.bitchute.com/video/ci6WOQl5nYVt/>  
ORDER: Get your first order for $5.00 when you go on a monthly autoship – you can cancel at any time.  
<https://bodywise.thegoodinside.com/pbx-trial-offer-103535/>  
More Info on Zeolite Clinoptilolite Here: <https://bodywise.thegoodinside.com/?s=Zeolite+Clinoptilolite+>



I’m hearing that “Rockrose Tea ~ Cistus Incanus” can bind to the Spike Proteins in the vaccines and remove them from the body. I am looking for more information on this. In the meantime the tea won’t hurt you – you can purchase at Amazon.  
<https://amzn.to/2TibeoK>

**Non-Covid Vaccine Detox Kits Sold Here**  
<https://bit.ly/301fCIt> Click Herbal Remedies at the top of the page then look for the “Vaccine Detox Herbal Extract

For more information about the Covid Vaccines click here:  
<https://therealtruthnetworkcom.wordpress.com/2021/01/29/vaccines/>

**Source for article:**[https://thetruthaboutvaccines.com](https://thetruthaboutvaccines.com/)**Check out their cancer information, VERY powerful!!!**



**From Mike Adams at NaturalNews.com**

**I** have bombshell information for you today about pine needle tea and its chemical constituents, and how one of them (shikimic acid) is actually used to manufacture Tamiflu, the anti-influenza drug. Through a series of science papers I show you today, you’ll see how pine needle tea can halt blood clots and protect the body from respiratory infections and harmful blood platelet aggregation.

That article states:

There is a potential antidote to the current spike protein contagion which is called Suramin. It’s found in many forests around the world, in Pine needles. Suramin has inhibitory effects against components of the coagulation cascade and against the inappropriate replication and modification of RNA and DNA. Excessive coagulation causes blood clots, mini-clots, strokes, and unusually heavy menstrual cycles.

Pine needle tea is one of the most potent anti-oxidants there is and it’s known to treat cancer, inflammation, stress and depression, pain and respiratory infections. Pine tea also kills parasites. Mike also shows you how to make your own Pine Needle tea using an expresso machine, it’s all in the following article:

<https://www.naturalnews.com/2021-05-09-is-pine-needle-tea-the-answer-to-covid-vaccine-shedding-suramin-shikimic-acid.html>



**PINE- Pinus – Suramin, Shikimic Acid, and how to make your own pine needle herbal tea!**

<https://bit.ly/3cLSgOd>

**There are some various Pine Needle products at Amazon, I suggest shopping around. I will post any Pine Needle products here if I find some.** [Amazon](https://amzn.to/3wn8vcC)



**Here is a great article I found at “The Freedom Articles” on Pine Needle/Suramin, she has lots of great info ~ check it out here:**[Is This a Possible COVID Vaccine Antidote?](https://thefreedomarticles.com/covid-vaccine-antidote-pine-needle-tea-suramin-inhibits-dna-rna-replication/)

**Sources for Pine Needles**

There is one primary American supplier (Etsy) for the pine needles (besides harvesting your own) that I am aware of at this point with 3 quality listings, each from a different East Coast wildcrafter:  
<https://www.etsy.com/listing/966522916/eastern-white-pine-needles-1-lb>

<https://www.etsy.com/listing/728484784/blue-ridge-mountains-pine-needles>

<https://www.etsy.com/listing/681617302/north-eastern-appalachian-white-pine-tea>

Here is the main reference link for new wildcrafters when they post their harvests:  
<https://www.etsy.com/listing/235866986/pine-needles-fresh-cut-or-dried>

**Dosage:**3 cups per day or more of any desired strength (based on the quantity of needles added to a french press or teapot) with an approximate 1-3 tablespoons of needles per cup of near boiling water. This is a maintenance health-building dose.

Stronger amounts of needles to water can be used therapeutically. If it feels too acidic (due to the vitamin C) for your system, moderate the quantity and complement the tea with alkalizing food and dark green herbs or sea vegetables.



**How to Make Hydroxychloroquine ~ Another Recipe to Try**

1. Use the peelings of 3 grapefruits and 5 lemons (best to be all organic)
2. Bring to a boil 2 liters of the cleanest water
3. Add in peelings and continue to low boil for 3 hours (put lid on pot to prevent water vaporizing away)
4. Remove and let cool
5. Pour into a glass mason jar and refrigerate
6. Take 2 tbsp daily first thing in the morning on an empty stomach

**Benefits…**

1. Boosts immune system
2. Helps clear congestion, breathing, colds, flu, aches, pains, bacteria, viruses and more…
3. Adds to overall feeling of wellness

**Note…**  
These peelings contain the natural active ingredient of hydroxychloroquine called quinine.

If you are using alkaline water do NOT boil in a metal pot as the alkaline molecule is very friendly and metal molecules like to adhere to them. So use a glass pot. Otherwise use the best clean water available to you and boil in a stainless steel pot. NEVER use aluminum cookware as it contaminates by leeching aluminum into the product you are making.

You can also purchase Quinine supplements here: [https://alternativehealingandhealth.com/alternative-covid-treatments/](https://alter/)

Who knows the possible damage caused from these experimental COVID vaccines. The UK’s MHRA and the US’s VAERS bodies do not seem to care who is injured, or dies, people have just become statistics. The vaccine manufacturers cannot be used. They have full protection. Protect yourself as best you can by refusing the poison and investigate some of the possible ways to neutralise spike protein damage from COVID vaccines within this article.

The last thing you want is to end up with a pro-inflammatory disease because the spike protein may overturn the body’s natural anti-inflammatory response so take charge of your own health. I do believe that Serrapeptase could be a helpful tool, as it is a [powerful anti-inflammatory agent](https://www.covidtruths.co.uk/2021/06/the-covid-19-vaccines-may-cause-pro-inflammation-and-turn-off-the-natural-anti-inflammatory-response-and-solution/) that is safe to take with any existing medications.

Disclaimer: None of these health supplements have FDA approval against possible spike protein damage from the COVID vaccines.

 Tagged [buckminsterfullerene](https://www.covidtruths.co.uk/tag/buckminsterfullerene/), [Dr Sherri Tenpenny](https://www.covidtruths.co.uk/tag/dr-sherri-tenpenny/), [hydrogels](https://www.covidtruths.co.uk/tag/hydrogels/), [luciferase](https://www.covidtruths.co.uk/tag/luciferase/), [make hydroxychloqoruine](https://www.covidtruths.co.uk/tag/make-hydroxychloqoruine/), [mike adams natural news SGT](https://www.covidtruths.co.uk/tag/mike-adams-natural-news-sgt/), [nano-carbon activated charcoal](https://www.covidtruths.co.uk/tag/nano-carbon-activated-charcoal/), [nanobots](https://www.covidtruths.co.uk/tag/nanobots/), [neutralise spike protein damage](https://www.covidtruths.co.uk/tag/neutralise-spike-protein-damage/), [Neutralise spike protein damage from COVID vaccines iodine](https://www.covidtruths.co.uk/tag/neutralise-spike-protein-damage-from-covid-vaccines-iodine/), [Neutralise spike protein damage from COVID vaccines PQQ pyrroloquinoline quinine](https://www.covidtruths.co.uk/tag/neutralise-spike-protein-damage-from-covid-vaccines-pqq-pyrroloquinoline-quinine/), [Neutralise spike protein damage from COVID vaccines Quercetin](https://www.covidtruths.co.uk/tag/neutralise-spike-protein-damage-from-covid-vaccines-quercetin/), [Neutralise spike protein damage from COVID vaccines supercharged C60 nano carbon activated charcoal](https://www.covidtruths.co.uk/tag/neutralise-spike-protein-damage-from-covid-vaccines-supercharged-c60-nano-carbon-activated-charcoal/), [Neutralise spike protein damage from COVID vaccines zinc](https://www.covidtruths.co.uk/tag/neutralise-spike-protein-damage-from-covid-vaccines-zinc/), [pine tea](https://www.covidtruths.co.uk/tag/pine-tea/), [Possible Methods to Neutralise Spike Protein Damage from COVID Vaccines](https://www.covidtruths.co.uk/tag/possible-methods-to-neutralise-spike-protein-damage-from-covid-vaccines/), [rockrose tea](https://www.covidtruths.co.uk/tag/rockrose-tea/), [serrapeptase](https://www.covidtruths.co.uk/tag/serrapeptase/), [suramin](https://www.covidtruths.co.uk/tag/suramin/), [the truth about vaccines](https://www.covidtruths.co.uk/tag/the-truth-about-vaccines/), [untested mRNA vaccines](https://www.covidtruths.co.uk/tag/untested-mrna-vaccines/), [vaccine rollout](https://www.covidtruths.co.uk/tag/vaccine-rollout/), [zeolite](https://www.covidtruths.co.uk/tag/zeolite/)

**Post navigation**

[The COVID-19 Vaccines May Cause Pro Inflammation and Turn off the Natural Anti Inflammatory Response and Solution →](https://www.covidtruths.co.uk/2021/06/the-covid-19-vaccines-may-cause-pro-inflammation-and-turn-off-the-natural-anti-inflammatory-response-and-solution/)

[← Eric Clapton Interviewed by Oracle Films](https://www.covidtruths.co.uk/2021/06/eric-clapton-interviewed-by-oracle-films/)

**21 thoughts on “Possible Ways to Neutralise Spike Protein Damage from COVID Vaccines”**

1. https://secure.gravatar.com/avatar/851e8eef696bc21b657862bf87c82494?s=32&d=retro&r=g**Susanna Bell** says:

[June 28, 2021 at 12:55 am](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-435)

Thank you Ill pass this in to friends who have had the Jag much appreciated.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-435)

* 1. https://secure.gravatar.com/avatar/41fe28a1c4e3f458199328a66de129a0?s=32&d=retro&r=g[**Covid Truths**](http://www.covidtruths.co.uk/) says:

[July 2, 2021 at 6:13 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-446)

Thank you for your comment, Susanna. I hope the content in the article is of help to your vaccinated friends and family. I would also recommend Serrapeptase as it is a wonderful anti-inflammatory and from what I’ve heard about the vaccinations from Dr Sherri Tenpenny, it is likely that their body will experience a pro-inflammatory response and the body’s natural anti-inflammatory response which usually kicks in later to finally rid the virus is turned off because the spike protein has overridden the natural immune system response. There is a link here to read more about Serrapeptase. It is an affiliate link so if you decide to buy I will be paid a small commison. <https://rebrand.ly/serrapeptase>. I’ve been taking it for years as I sometimes pull muscles from kettlebell training, and my muscles heal within days rather than weeks. You can even download a free PDF book on The Miracle Enzyme called Serrapeptase. <https://themiracleenzyme.info/download-serrapeptase-ebook-free/>

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-446)

* + 1. https://secure.gravatar.com/avatar/7ef369bea9c0ad7fcd5bff1ac81084c0?s=32&d=retro&r=g**Darren** says:

[January 29, 2022 at 3:14 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-861)

Thanks for the great article! Some of the best information available with supporting info and links!!!

Your top 5 supplement list is very close to what I have seen being used with great success and I love that you mention Serrapeptase. It’s called “The Miracle Enzyme” for a reason and it’s a great fit here. It is at the very top of my spike damage recovery protocol. You mention it’s anti-inflammatory benefits and I wholeheartedly agree, but I started using it due to it’s ability to break down non-living proteins (spike protein). I believe that it degrades them very quickly in fact. An easy protocol for those resistant to taking too many things is this and we’ve seen AMAZING results with just these:  
Serrapeptase/Nattokinase plus NAC plus Frankincense oil (drops on wrist at least 5 times a day for a week then once or twice a day). Many people who have agglomerated red blood cells (elevated D-dimer) report immediate improvement in how they feel with the Frank oil. It’s not a permanent fix but it does break up the sticking together of RBCs which makes people feel much better. Also, water. Lots and lots of water. When we get dehydrated, NOTHING in our bodies works at optimal levels including detox pathways and the immune system. You can’t overstate how important hydration is.

A more advanced package would be that plus:  
Iodine, Zinc, Quercetin, Selenium, C-60, Zeolite, fulvic acid (makes everything else work better) and a very good multi-vitamin.

In folks who have recovered from the virus but are experiencing extreme exhaustion or other “long haulers” symptoms, this can completely turn it around in a matter of a few days. Higher dosages are used for this for 1-2 weeks.  
In vaxxed, it’s an ongoing process. Higher doses for a week, then steady low doses as maintenance.  
Also love that you talk about fasting as that is by far the best start to any recovery program. The fasting induced autophagy is the most powerful tool we have for deep healing from any condition IMO. For folks who are serious about getting well, starting out with a water fast is great. This is Super Powerful. For those who are not able to do that, intermittent fasting works too but not at the same level.  
We do Live Blood Analysis to monitor progress and I can tell you this protocol is making a very pronounced difference in what we see.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-861)

* + - 1. https://secure.gravatar.com/avatar/41fe28a1c4e3f458199328a66de129a0?s=32&d=retro&r=g[**Covid Truths**](http://www.covidtruths.co.uk/) says:

[January 29, 2022 at 7:12 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-862)

Your comment is such wonderful news that these products, including Serrapaptase and Nattokinase are helping, and rapidly. I wish wish wish people would do their own research, and if only the mainstream medias would report on the vaccine adverse reactions then maybe people would start doing their own reading and research, but it’s easier for people to be told what to do. There are places in the Ukraine, I believe, that focus just on fasting, even dry fasting. Dry fasting was done to rapidly heal those who were exposed to the radiation of Chernobyl. <https://tonywideman.com/dry-fasting/>. I have done at least five, three-day dry fasts, as God gives me the grace. I still brush teeth, take showers, but take in no food or water for 72 hours according to the fast as spoken of in Isaiah 58. Only once did I do a hard dry fast, but it was worthwhile to try it. It is a lot harder though. It’s proof that we do not need a lot of food to survive. Food is over emphasised too much in the media.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-862)

1. https://secure.gravatar.com/avatar/4304331273cb431b8b15ddca94e3e32f?s=32&d=retro&r=g**DW** says:

[July 11, 2021 at 3:42 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-478)

This bloody vaccine is scary especially for me cause both my parents in their 80’s have taken this double shot poison…I refuse to do so…and ALL this information is excellent and MOST appreciated…at the beginning of 2019 I had severe inflammation issues to the point it appeared I was gonna lose at least one foot due to several issues & immune system issues were major concerns I couldn’t get close to anyone ill from any type of virus or bacterial infections…& Dr’s were useless…also obesity had big factor which was caused mainly due to inability to move or walk…I found a supplement that I started back then that has been a definite factor in reversing all my health issues…and has been so influential that I became an affiliate of theirs & if ya knew me you’d know how difficult and unusual that is in and of itself…with that said I’ve been exposed to the GOVid virus many times in resent yr & thought I had it for about 3days then it went away now for that to be an note worthy is I’m obese(still), was diabetic, have COPD, am 65yr old, gout, RA, sever nerve damage, enlarged heart…& at this time I’ve lost over 55lbs, inflammation is under control, work cows, haul hay, milk goats, plant garden & tend, walk woods, go fishin’, what ever the devil I wanna…except run course ain’t never been a runner, LOL…here’s a link & yes if ya purchase I do get a very small commission as an affiliate…OH YEAH, by the way this is a non-profit outfit that provides for needy kids, it’s all in the website so check it out here…I personally as a daily user recommend this liquid vitamin that has a 98%+ absorption rate as opposed to a pill that has at best a 6-12% absorption rate…  
…Best Vitamin/Mineral supplement I’ve ever used…  
…bolster your immune system, faster & more thorough absorption than any pill or capsule(like 99% compared to 12% with pill forms), helps joint/arthiritis pain “exponentially for me”, has helped darn near eradicate my gout issues, improve digestion/regulation, helped skin, decreased inflammation, improved mental clarity & interest in things I’d given up on even attempting anymore(heckfire fixin’ ta bring ol’ scooter outa storage for 1st time in over 9yrs), increased energy(improving daily), & more, has improved health overall exponentially, Lots more benefits these are just a short list of NOTABLE improved health issues I have experienced since started this product in Dec. 2019 at which time due to edema, gout, arthritis, inflammation nerve damage, plus…I could not walk feet were purple/yellow/blue…today I’m walkin’ driveway(1/4mile), thru woods, around property(1 mile +), with dogs, & have lost some 35lbs last 3-4mos & if ya knew me you’d know how significant that is although still got a long way ta go in that area……UnHu…  
PLUS part of purchase price goes to needy, hungry kids all over the world thru…Passion 4 K.I.D.S. non-profit charities…  
So follow this link to get yours…  
<https://passion4lifevitamins.com/order-now-2?AFFID=434554>  
OR if local & want a bottle faster pm me for I keep a few bottles on hand…for it has so impressed me that I signed on as an affiliate and buy in small bulk orders for myself, family, & friends…my family from Houston, Nashville, to SC are using this & love it & so will you…took me about a month to see a marked difference & after two months I was all in & will continue to be…that’s sayin’ a lot for I am a HARD sell feller, tight with a dollar, & a skeptic at best esp. when came to vitamin or supplements of any kind & still am…but I had to try something & at last I found a winner!!!…  
give ‘er a try ya won’t regret it…even the young & healthy benefit…  
<https://passion4lifevitamins.com/order-now-2?AFFID=434554>

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-478)

* 1. https://secure.gravatar.com/avatar/41fe28a1c4e3f458199328a66de129a0?s=32&d=retro&r=g[**Covid Truths**](http://www.covidtruths.co.uk/) says:

[July 12, 2021 at 1:09 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-484)

Hello. Thanks for your comment. I am so glad that you found something to help you and I am so glad that you have become an affiliate. That is the best affiliate marketing when someone really believes in the product. I am trying to affiliate products through Good Health Naturally, especially SerraEnzyme, but as of yet have no had clicks or sales. Best wishes.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-484)

1. https://secure.gravatar.com/avatar/31d1dfc64c3a198125dbc1cffc0cb54d?s=32&d=retro&r=g[**Arby Arb**](http://tinyurl.com/endcnn) says:

[August 4, 2021 at 1:57 am](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-548)

This pine needle tea recipe possibly saved me. I live with two vaxxed and yesterday somebody coughed right next to me right as I was taking a deep breath and inhaling. I was immediately aware of what had happened. And I feared misfortune. It’s been a wild two days. Since yesterday I lost all balance, got severe headaches triggered by loud noises and thinking, and slurred speech, went to the doctor had blood work done. Symptoms similar to Lyme disease in advanced stages. After doing a pine needle rub and prick test yesterday for allergy sake I boiled some today and sniffed in the steam. No allergic reaction, so I drank the micro-sip of micro-sips of the tea I made of it. No adverse reaction except a rush of energy and feeling better, I can do more than just sit, and while I feel sloshy i can look at my computer, etc without feeling like my brain is spiraling and full of pain. So I just had a proper sip and holy monkey balls please be careful, that stuff is potent. I felt panicky, like I was going to explode, belly puffed up, palms got sweaty and white so I pounded some water and took a shower hoping to settle down a bit. It worked. And I feel better than I have in two days. My headache is gone. The dread feelings are gone. My thoughts are clear. The sweaty palms felt a bit like a detox sweat out of toxins. If you have anxiety or heart or respiratory problems you really need to be careful with this stuff. But it seems to have helped me, and I will continue to take the smallest of the smallest of sips on a day to day basis. There’s no other explanation for the sudden turn around.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-548)

1. https://secure.gravatar.com/avatar/46c612defe2a47ec0dbed67b2933031f?s=32&d=retro&r=g**raj** says:

[August 5, 2021 at 8:51 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-559)

Thanks a lot for writing this up to help all those already vaccinated.

I havent taken the vaccine yet, but looking at the things it seems very much likely that I might end up taking one just to able to have basic necessities. In your opinion, is there any medication that can be taken before taking the vaccines that doesnt let the spike proteins damage the internal tissues , (i.e doesnt let the spike proteins bind to any body tissues ?)

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-559)

* 1. https://secure.gravatar.com/avatar/41fe28a1c4e3f458199328a66de129a0?s=32&d=retro&r=g[**Covid Truths**](http://www.covidtruths.co.uk/) says:

[August 5, 2021 at 10:42 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-560)

I am not sure, Raj. Please do not take a vaccine just to access services. That is really evil if things are so bad that way. Please do your own research. Use the search engine duckduckgo rather than Google.This is on the first post mortem of a COVID-19 vaccinated person who died shortly after. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8051011/>. I found this post for you from a simple search on duckduckgo. It sounds similar to the content in my article, which was taken from another website, <https://rightsfreedoms.wordpress.com/2021/05/15/how-to-guard-against-the-spike-protein-contagion-caused-by-the-covid-vaccinated/>. Trust Jesus Christ to save you and He will. <https://rightsfreedoms.wordpress.com/2021/05/15/how-to-guard-against-the-spike-protein-contagion-caused-by-the-covid-vaccinated/>. This vaccination rollout is a definite conditioning for the beast system that is yet future.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-560)

* + 1. https://secure.gravatar.com/avatar/76d02eda72a85422912c7142be47635a?s=32&d=retro&r=g**kups** says:

[October 22, 2021 at 7:48 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-704)

Are you a Christian you know who the beast is?

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-704)

* + - 1. https://secure.gravatar.com/avatar/41fe28a1c4e3f458199328a66de129a0?s=32&d=retro&r=g[**Covid Truths**](http://www.covidtruths.co.uk/) says:

[October 22, 2021 at 9:12 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-708)

The book of revelation tells us that the beast is the antichrist. He will be the one world leader. He is also described as the beast of the sea in revelation 13. The false prophet is the beast of the earth and will require that people worship the antichrist / beast, by receiving a mark in the hand or forehead. It is yet future, but everything that we see today is conditioning for that system.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-708)

1. https://secure.gravatar.com/avatar/1638e5ccddae2541c21f83054f6b6f9c?s=32&d=retro&r=g**JoeP** says:

[October 4, 2021 at 11:50 am](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-687)

I regret it now, but I had the first dose of the phizer vaccine after my cancer doctor advised me to getting it.  
On day two, I broke out with giant hives that were itchy and driving me nuts. my doctor put me on prednisone and after 3 more days the hives did go away.  
My doctor recommends that I get the 2nd shot at an allergy clinic, but I said no way am I getting a second shot!  
I am looking forward to some of these remedies to try and cleanse myself of this poison….thank you for the article.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-687)

* 1. https://secure.gravatar.com/avatar/41fe28a1c4e3f458199328a66de129a0?s=32&d=retro&r=g[**Covid Truths**](http://www.covidtruths.co.uk/) says:

[October 4, 2021 at 5:30 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-688)

I am so sorry to hear that, Joe, and I’m sorry that your ignorant doctor recommended that you get another shot. were you aware that they get £12.58 per vaccine per patient? I hope that the remedies help your body to rid itself of this spike protein. I’m so pleased that you are not having any more vaccines. Seriously, Pfizer do not care about people, only profit. They are evil.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-688)

1. https://secure.gravatar.com/avatar/c41e6ff5a5f6b794ad57b2b68ef6c2ce?s=32&d=retro&r=g**mw** says:

[November 15, 2021 at 5:58 am](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-756)

hi,

I did get Vax. in spring, but found this info later on.

How do we know these remedy work?

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-756)

* 1. https://secure.gravatar.com/avatar/41fe28a1c4e3f458199328a66de129a0?s=32&d=retro&r=g[**Covid Truths**](http://www.covidtruths.co.uk/) says:

[November 23, 2021 at 1:55 am](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-776)

I have no idea if the remedies work, and can only share what others have shared, but if I had been deceived into taking something that is not an actual traditional vaccine then I would do what I had to do to try to detox it out of my body. That’s just the type of person I am. I always try to heal with natural remedies, rather than pharmaceuticals.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-776)

1. https://secure.gravatar.com/avatar/57887ab2d7ae0c0e3a37c3baf68115ac?s=32&d=retro&r=g**Curt** says:

[November 16, 2021 at 3:20 am](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-758)

I took the Johnson and Johnson vaccine. Within 3 days I was in the hospital for shortness of breath and chest pain. All my results came back normal except my d-dimer levels which were more than twice the normal amount. My levels have been steadily dropping and have been feeling better but still have chest and heart pain. What would you recommend to detox my body from this shot or to get back to normal?

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-758)

* 1. https://secure.gravatar.com/avatar/41fe28a1c4e3f458199328a66de129a0?s=32&d=retro&r=g[**Covid Truths**](http://www.covidtruths.co.uk/) says:

[November 16, 2021 at 9:04 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-759)

Sorry to hear about your adverse effects from the J & J vaccine. I hope you reported it to the Yellow Card scheme. All I can say is try the methods in the articles, which I think focuses on pine needle tea. Other things I have heard of include the fulvic acid/humic acid supplement. Do give the articles a good read, and I hope that you do not take any further vaccines or boosters, as it’s never been about saving lives. They want to harm people, and now children.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-759)

1. https://secure.gravatar.com/avatar/966efa6d8aaa5c8ac1de6d4be51d78cc?s=32&d=retro&r=g**Bill Behan** says:

[November 21, 2021 at 9:16 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-769)

What is your opinion of using high dose intravenous vitamin C? I’ve read encouraging reports about its ability to remove covid shot spike protein.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-769)

* 1. https://secure.gravatar.com/avatar/41fe28a1c4e3f458199328a66de129a0?s=32&d=retro&r=g[**Covid Truths**](http://www.covidtruths.co.uk/) says:

[November 23, 2021 at 1:45 am](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-774)

I am not sure about, Bill. You are best doing your own research on vit c and its ability to remove the spike protein. The last I read on a helpful resource against the spike protein was the Humic / Fulvic Acid article.

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-774)

1. https://secure.gravatar.com/avatar/1728e92a7a3d65b9ce367d45c49c490d?s=32&d=retro&r=g**david henderson** says:

[January 31, 2022 at 8:45 pm](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-864)

Hi there. Thanks for all the info. When you say fasting(as someone new to the idea),what does that entail,for fasting for a day for example – A whole day without food,with water only as ness?…or breakfast am with nothing for a certain time period before resuming eating later pm?  
And the same question for fasting for a week  
Also as a vaxxed remorser,i’m currently taking apple pectin powder twice a day @ 700mg a go,to counter possible graphene oxide in the shot. Would this stuff also help attach to the spike protein to cleanse it out of the body?

[*Reply*](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-864)

* 1. https://secure.gravatar.com/avatar/41fe28a1c4e3f458199328a66de129a0?s=32&d=retro&r=g[**Covid Truths**](http://www.covidtruths.co.uk/) says:

[February 1, 2022 at 8:32 am](https://www.covidtruths.co.uk/2021/06/possible-ways-to-neutralise-spike-protein-damage-from-covid-vaccines/#comment-865)

Thanks for your comment, David. I am not sure about the apple pectin, although found this on apple pectin <https://thedrardisshow.com/>. New content is coming out all the time about things to help people who have taken the shots. Also something called Gluthathione and NAC shows promise to remove the graphene oxide <https://www.ftwproject.com/orgonite-blog/how-to-remove-graphene-oxide-from-the-body/>

There are various fasts. The water fast, the dry fast, the every other day fast, intermittent fasting, juice fasting. Look into it yourself. I fast for spiritual purposes like when I am feeling spiritually attacked, or for the nation, however, only when I am led by the Spirit and God will give me the grace to do it. Yes, you could start with extending your fast coming out of sleep and trying to continue until the afternoon, just having water or juice (or earl grey, in my case :)). I even tried the coconut oil fast once, but that was the hardest fast because of the terrible detoxification headaches.